

## Report on Her Health Her Choice



The college's Women's Club and NDLI Club collaborated to host an essential awareness program titled "Her Health Her Choice" on July 10, 2025, in the APJ Abdulkalam Hall. Presided over by Principal Dr. A. Sankara Subramanian, the event focused on educating young women about crucial aspects of sanitary hygiene. Dr. S. Sudha Ponnarasi Lecturer/ECE and President of the Internal Complaint Committee delivered the keynote address, highlighting various sanitary methods and their significance. The highly relevant program, organized by Dr. B. Vijayalakshmi and Mrs. M. Vasanthapriya, saw enthusiastic participation from approximately 150 girl students across all departments and academic years, reinforcing the importance of health awareness among the student body.

## World Breastfeeding Week Competitions



In observance of World Breastfeeding Week (August 1–7, 2025), the Women Development Cell of Sankar Polytechnic College organized a week-long series of impactful events aimed at raising awareness about the vital importance of breastfeeding. Under the guidance of Principal Dr. A. Sankara Subramanian, and with the dedicated support of Librarian Dr. B. Vijayalakshmi and Mrs. M. Vasanthapriya, students engaged in competitive sessions of Elocution, Essay, and Verse Writing to promote the health benefits of mother-feeding across the campus community. The celebration culminated on August 7, 2025, with a special guest lecture delivered by Dr. I. Rani, Assistant Professor from the Department of Mathematics at Anna University Regional Campus, Tirunelveli. In her unique presentation titled "Mathematics of Motherhood," Dr. Rani utilized engaging PowerPoint presentations

and cartoon videos to illustrate the comprehensive health benefits for both mother and child, successfully blending academic insight with essential maternal health advocacy.